



# Continental Polka

Choreographed by Louise G. Webber

Description: 32 count, 4 wall, line dance

Music: **Alice** by Jimmy Sturr (132 bpm)

**Who The Hell Is Alice** by Scooter Lee

Start dancing on lyrics

## **RIGHT HEEL, CROSS, RIGHT SHUFFLE, LEFT HEEL, CROSS, LEFT SHUFFLE**

1-2 Right heel touch forward, right toes cross (touch) over left

3&4 Shuffle to right side right-left-right

5-6 Left heel touch forward, left toes cross (touch) over right

7&8 Shuffle to side left-right-left

## **WALK FORWARD (R-L-R), KICK LEFT, WALK BACK (L-R), LEFT COASTER STEP**

1-4 Step right forward, step left forward, step right forward, kick left forward

5-6 Step back left, step back right

7&8 Step back left, step right together, step forward left

## **RIGHT HEEL, CROSS, RIGHT SHUFFLE, LEFT HEEL, CROSS, LEFT SHUFFLE**

1-2 Right heel touch forward, cross right toes (touch) over left

3&4 Shuffle to right side right-left-right

5-6 Left heel touch forward, left toes cross (touch) over right

7&8 Shuffle to left side left-right-left

## **RIGHT JAZZ BOX, RIGHT JAZZ BOX WITH ¼ TURN RIGHT**

1-4 Right cross over left, step left back, right step to side, left step together

5-8 Right cross over left, step left back, right step to side with ¼ turn right, left step together

REPEAT