



Cowgirls Twist

Choreographed by Bill Bader

Description: 32 count, 4 wall line dance
Music: **What The Cowgirls Do** by Vince Gill (154 bpm)
Do You Love Me by The Countours (154 bpm)
The Twist by Ronnie McDowell or Chubby Checker (164 bpm)
Cowgirl Twist by Dave Sheriff (160 bpm)

Start dancing on lyrics

4 HEEL STRUTS (DUCK WALKS)

1-2 Step right heel forward, drop right toe
3-4 Step left heel forward, drop left toe
5-6 Step right heel forward, drop right toe
7-8 Step left heel forward, drop left toe

3 STEPS BACK, TOGETHER

9-10 Step right back, step left back
11-12 Step right back, step left together

SWIVEL WALK LEFT, CLAP, SWIVEL WALK RIGHT, CLAP

13-14-15 Swivel both heels left, swivel both toes left, swivel both heels left
16 Clap
17-18-19 Swivel both heels right, swivel both toes right, swivel both heels right
20 Clap

SWIVEL LEFT, CLAP, SWIVEL RIGHT, CLAP, TWIST - DOWN, DOWN, UP, UP

21-22 Swivel both heels left, clap
23-24 Swivel both heels right, clap
25-26 Swivel both heels left, swivel both heels right
27-28 Swivel both heels left, swivel both heels center

STEP, HOLD, TURN 1/4, HOLD

29-30 Step right forward, hold
Lean right shoulder forward
31-32 Turn 1/4 left (weight to left), hold
Lean shoulders to left

REPEAT