



Polka Line Dance

Description: 20 count, 4 wall beginner line dance

Music: **Polka Medley** by unknown, **All You Ever Do Is Bring Me Down** by The Mavericks

2 HEEL TOUCHES FORWARD, POLKA FORWARD TWICE

- 1-4 Touch right heel forward, step right foot together, touch left heel forward, step left foot together
&5&6 Lift right knee, step forward with right foot, step together with left foot, step forward with right foot
&7&8 Lift left knee, step forward with left foot, step together with right foot, step forward with left foot

POLKA BACK TWICE, TURN RIGHT & POLKA TWICE

- &1&2 Lift right knee, step back right foot, step together with left foot, step back right foot
&3&4 Lift left knee, step back left foot, step together right foot, step back left foot
&5&6 Turn $\frac{1}{4}$ turn to the right and lift right knee, step forward right foot, step together with left foot, step forward right foot
&7&8 Lift left knee, step forward left foot, step together right foot, step forward left foot

VINE RIGHT W/ $\frac{1}{2}$ TURN RIGHT

- 1 Turn $\frac{1}{4}$ turn to the left and step side right foot
2 Hook left foot behind right foot
3 Step side right foot make $\frac{1}{4}$ turn to the right
4 Make $\frac{1}{4}$ turn right step side left